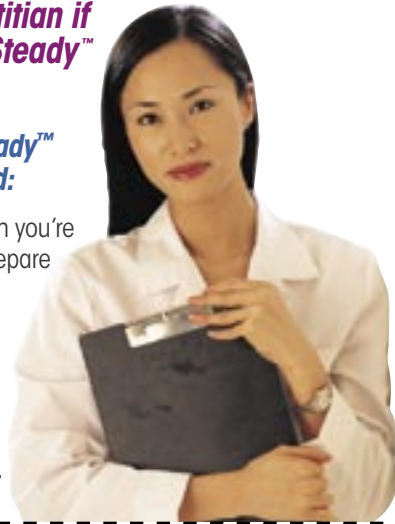


**Ask your Renal Dietitian if Nepro® with Carb Steady™ is right for you!**

**Nepro® with Carb Steady™ may be recommended:**

- For dialysis days, when you're too tired or busy to prepare a meal.
- As a convenient way to get the protein and nutrients you need.
- If you experience involuntary weight loss.



70106/DECEMBER 2006

## Try Nepro® with Carb Steady™

- Contains ingredients clinically shown to help manage blood sugar levels.
- Known and trusted by health care professionals.
- Available for home use through Ross Home Delivery, retail pharmacies, and home medical supply companies (prices and availability may vary).
- Now available in 6-packs through Ross Home Delivery (1-800-986-8502).

**Ask your Renal Dietitian for a Nepro with Carb Steady sample!**

**Try this Nepro® with Carb Steady™ recipe or create your own!**

## Peach Smoothie



### Ingredients:

- 1 8-fl-oz can Vanilla Nepro® with Carb Steady™, chilled
- 1 cup regular peach yogurt
- 1/2 cup canned peaches, drained

### Directions:

1. Combine ingredients in blender.
2. Blend until smooth.
3. Pour into a glass and garnish with mint leaves, if desired.

### Nutrition Facts

Servings	2	Total Carbohydrate	51 g
Serving Size	1 cup	Dietary Fiber	4 g
<b>Amount per Serving</b>		<b>Sugars</b>	<b>30 g</b>
Calories 360	Calories from Fat 110	Protein	14 g
<b>Fat</b>	<b>12 g</b>	Vitamin A	808 IU
Saturated Fat	1.5 g	Vitamin C	16 mg
Cholesterol	5 mg	Calcium	276 mg
Sodium	200 mg	Iron	2.4 mg
Potassium	415 mg	Phosphorus	89 mg

### Use under medical supervision.

Boost® and NuraFlora® are not trademarks of Abbott Laboratories.

© 2006 Abbott Laboratories  
70106/DECEMBER 2006

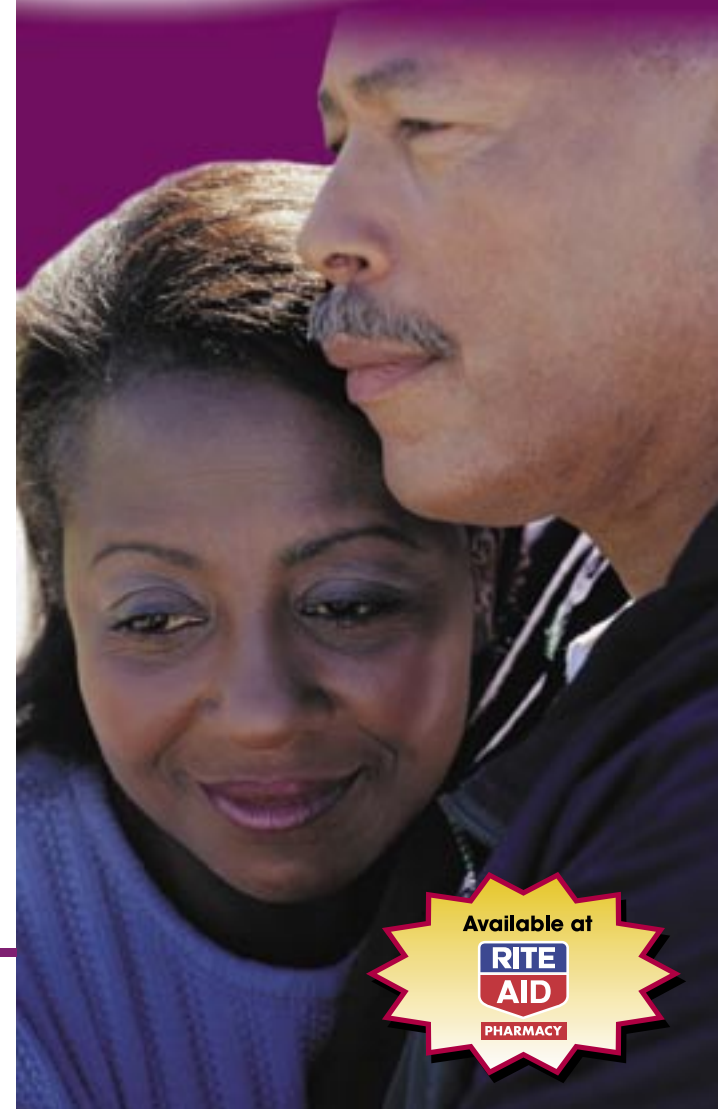
**ROSS** ROSS PRODUCTS DIVISION  
ABBOTT LABORATORIES INC.  
COLUMBUS, OHIO 43215-1724 USA

LITHO IN USA

From the Makers of  
**Ensure.**

**Nepro®** with  
**CARB STEADY™**  
therapeutic nutrition  
for people on dialysis

**A delicious way to meet your nutritional needs.**



**BUSINESS REPLY MAIL**

FIRST-CLASS MAIL

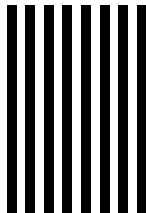
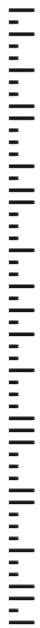
PERMIT NO. 307

COLUMBUS OH

POSTAGE WILL BE PAID BY ADDRESSEE

ROSS PRODUCTS DIVISION  
**NEPRO® WITH CARB STEADY™ OFFER**  
PO BOX 1317  
COLUMBUS OH 43272-4177

NO POSTAGE  
NECESSARY  
IF MAILED  
IN THE  
UNITED STATES



## What is Nepro<sup>®</sup> with Carb Steady<sup>™</sup>?

Nepro with Carb Steady is a delicious drink designed to meet the specific nutritional needs of people on dialysis. Because excess fluid and waste can build up in your blood when your kidneys aren't working properly, Nepro with Carb Steady provides just the right amount of the specific nutrients that you need—without adding excess fluid.

## What makes Nepro<sup>®</sup> with Carb Steady<sup>™</sup> special?

Nepro with Carb Steady, an excellent source of protein, is low in both potassium and phosphorus and is lactose-free. It tastes great cold and comes in three delicious flavors—Homemade Vanilla, Butter Pecan, and Mixed Berry.

- Limiting fluid intake is important, and one serving of Nepro provides about the same amount of protein as two servings of a standard nutritional product like Boost<sup>®</sup>.
- Contains a slowly digested carbohydrate blend designed to help manage blood sugar levels.
- Nepro with Carb Steady is lower in potassium and phosphorus than Boost.
- Nepro with Carb Steady also contains NutraFlora<sup>®</sup> FOS to help maintain digestive tract health and serve as a source of fiber.
- Nepro with Carb Steady can be used as a handy snack or as a delicious meal on the go. Try it for breakfast!



The ChefsBest<sup>™</sup> Award for Best Taste is awarded to the brand rated highest overall among leading brands by independent professional chefs.

## Buy less. Drink less. Get more.

**At about the same price,\* ONE serving of Nepro<sup>®</sup> with Carb Steady<sup>™</sup> delivers about the same amount of protein as TWO servings of Boost<sup>®</sup>...**

**And Nepro<sup>®</sup> with Carb Steady<sup>™</sup> is made specifically for people on dialysis**

\*Nepro with Carb Steady price per Ross Home Delivery for dialysis patients at 1-800-986-8502 as of November 30, 2006. Boost Home Delivery prices are available at <http://walgreens.com>. Accessed November 30, 2006. Boost retail prices are based on retail 6-pack for the 13 weeks ending 10/28/2006 per AC Nielsen-Drug.

When compared to a typical fast food "value meal," Nepro<sup>®</sup> with Carb Steady<sup>™</sup> has several advantages:

- The right balance of vitamins and minerals
- Less potassium, phosphorus, and sodium
- Less saturated fat and cholesterol (no *trans* fat)
- Less fluid
- And usually costs less!



# FREE

## Nutrition Booklet!

If you would like to receive a **FREE** copy of our *Diet and Dialysis* booklet, please complete this form and return by mail. Recipe cards, special offers, and other nutritional information will be sent as they become available.

Name \_\_\_\_\_

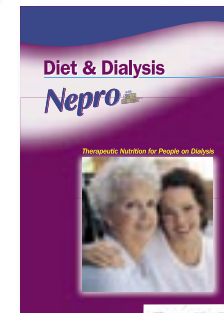
Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

E-Mail Address (Optional) \_\_\_\_\_

Check here if you are a California resident.



From the Makers of **Ensure<sup>®</sup>** with **Carb Steady<sup>™</sup>**  
**Nepro<sup>®</sup>** with **Carb Steady<sup>™</sup>**  
 therapeutic nutrition for people on dialysis



FOLD AND SEAL WITH TAPE BEFORE MAILING

**The following survey is optional, but we would greatly appreciate your input.**

How long have you been on dialysis? \_\_\_\_\_ years Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_  Male  Female

What type of dialysis are you on?  hemodialysis  peritoneal dialysis

Do you currently consume any nutritional supplements?  yes  no

If you answered yes, which of the following products do you use? Check all that apply.

Nepro<sup>®</sup>  Ensure<sup>®</sup>  Glucerna<sup>®</sup>  Boost<sup>®</sup>  Other \_\_\_\_\_